



RAINBOW SANGHA

in the tradition of Zen Master Thich Nhat Hanh
and Plum Village Monastery in France (www.plumvillage.org)

- * Mindfulness Practice
- * Buddhist Meditation
- * Dharma Discussions

Meeting at
Albuquerque Zen Center
2300 Garfield Ave. SE
Albuquerque, NM 87106

Sunday Evenings
5:00 to 6:30 p.m.

ALL ARE WELCOME

www.rainbowsangha.org

(505) 480-4197